

SNAP-Ed Works in Alabama

The Association of SNAP Nutrition Education Administrators (ASNNA) collected stories from Alabama community members of how SNAP-Ed has impacted them

SNAP-Ed Implementer

"One of my initiatives involves **working alongside a faith-based organization to promote leadership in community health**. Since launching this project in October, I have observed improvements in their community outreach efforts, including **healthy snack drives benefiting county schools**, enhanced community **fellowship meals incorporating nutritious options**, the inclusion of **fruits and vegetables in monthly youth programs**, and an increased **emphasis on physical activity and movement within youth events**.

Furthermore, participants in the nutrition education training course I conducted at the faith-based organization have achieved additional successes beyond the organization itself. **One participant recently opened a grocery store** within the county and **recognized the importance of offering nutrient-dense and health-conscious food selections**. Another participant involved in the organization's **food pantry collaborates with me to ensure the provision of healthy recipes and nutrition education** for pantry recipients. **SNAP-ED is the foundation for fostering meaningful connections and advancing community health.**"

Nutrition Educator

"I provide 8 weeks of nutrition education in eligible schools...The **students learn about making healthy choices, the importance of drinking water and how being physically active impacts their overall health**. The teachers are very excited for this opportunity which **also has a parent component, ultimately reaching the entire family.**"

SNAP-Ed Staff

"One very successful program I have implemented which is in its fourth year is the Veggie Bucks voucher program at our local Farmer's Market. **Children ages 5-12 learn about, and often taste, the foods at the market and receive a \$3 voucher to choose fruits and vegetables from the produce vendors** each week."